

Listening and Engagement Through Improv

At-A-Glance

A half day intensive program designed to elevate listening and interpersonal engagement skills. Using applied improvisation exercises with deep debriefs, participants focus on listening to build strong relationships and seeking value in all opinions.

Outcomes	<ul style="list-style-type: none">• Experience the distinctions between listening to understand and listening to respond• Learn and demonstrate mastery of four critical engagement skills:<ul style="list-style-type: none">○ Balance in conversations○ Staying focused in distracting environments○ Seeking value○ Building on the suggestions of others• Engage in exercises that require spontaneity, creativity and the ability to share space and attention with others• Learn to use a basic storytelling structure that supports the development of compelling narratives• Invest in the success of others through applause, improv’s “celebrate efforts approach” and laughter
Target Audience	Anyone who has a need to build relationships and resolve issues in a way that maintains and enhances partnership



Leesa Wallace
performancearchitect@comcast.net
860-604-6834